



*Legacy
of Hope
Foundation*

THE LEGACY OF HOPE FOUNDATION

OFFICIAL RECOMMENDED RESOURCE GUIDE

RESOURCES TO CONTINUE
YOUR LEARNING JOURNEY!



LHF RESOURCE LIST:



BOOKS

NON-FICTION

BRAIDING SWEETGRASS

Robin Wall Kimmerer

This book is by Potawatomi scientist and professor of Environmental and Forest Biology at the State University of New York. Kimmerer shares the teachings of plants and botany that Indigenous nations knew long before Western science confirmed it. This book is an easy to read non-fiction introduction into Indigenous sciences and the importance of the natural world.

BRAIDING SWEETGRASS

INDIGENOUS WISDOM, SCIENTIFIC KNOWLEDGE,
AND THE TEACHINGS OF PLANTS



INDIGENOUS WRITES: A GUIDE TO FIRST NATIONS, MÉTIS & INUIT ISSUES IN CANADA

Chelsea Vowel

This non-fiction book, which can also be used as a textbook, by Métis author Chelsea Vowel is the perfect beginner's book to understanding issues impacting Indigenous Peoples in Canada. From the history of the Residential School System and the Sixties Scoop, to current discrimination, to the origins of harmful stereotypes, *Indigenous Writes* provides an introduction into the social, political, and economic state of Indigenous communities, as well as further resources for anyone beginning their learning journey.

Indigenous Writes

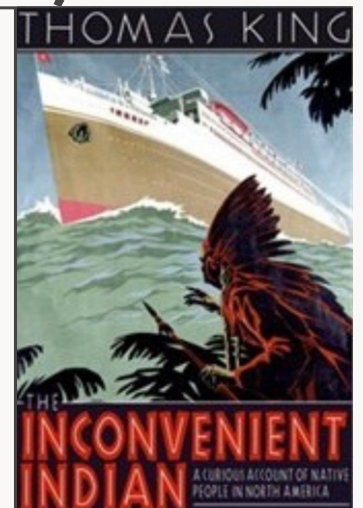
A GUIDE TO FIRST NATIONS, MÉTIS & INUIT ISSUES IN CANADA
CHELSEA VOWEL



THE INCONVENIENT INDIAN: A CURIOUS ACCOUNT OF NATIVE PEOPLE IN NORTH AMERICA

Thomas King

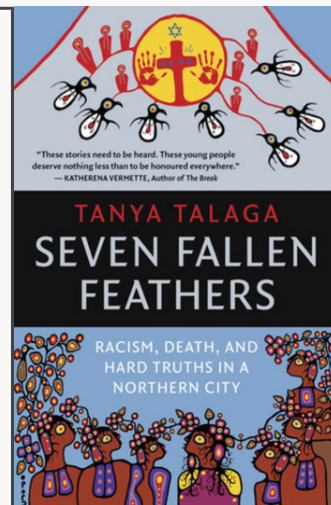
Thomas King, a prominent Cherokee writer and poet, has a vast collection of both fiction and non-fiction titles. *The Inconvenient Indian* is perhaps his most well-known work, and traces a history of Indigenous Peoples, including Indigenous rights and treaties, in North America through humour and satire. *The Inconvenient Indian* deconstructs the assimilation attempts and stereotypes that have been consistently wielded against Indigenous Peoples.



SEVEN FALLEN FEATHERS: RACISM, DEATH, AND HARD TRUTHS IN A NORTHERN CITY

Tanya Talaga

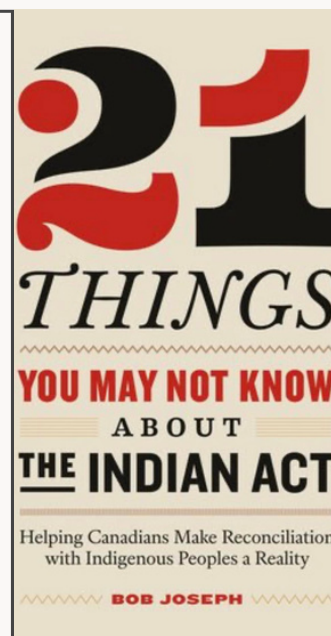
Seven Fallen Feathers, a non-fiction bestseller by Ojibwe investigative journalist Tanya Talaga, has won multiple awards for its in depth research and expansive narrative. The book looks at the lives of seven Indigenous high school students who were found dead in Thunder Bay, Ontario between 2000 and 2011. Talaga includes the context of systems that required these children to be living far from home, the history of Thunder Bay, and systemic human rights abuses against Indigenous Peoples.



21 THINGS YOU MAY NOT KNOW ABOUT THE INDIAN ACT: HELPING CANADIANS MAKE RECONCILIATION WITH INDIGENOUS PEOPLES A REALITY

Bob Joseph

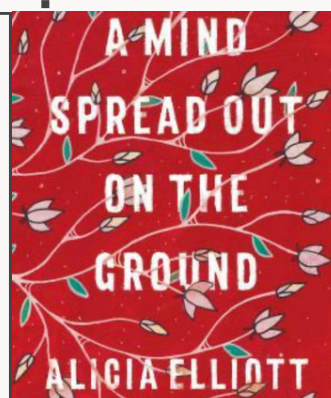
Bob Joseph, Kwakwaka'wakw author and founder of Indigenous Corporate Training Inc, has written several guides to teach Canadians about Indigenous communities and the discrimination faced. *21 Things You May Not Know About the Indian Act* teaches readers about this important piece of legislation that has shaped the life of every Indigenous person in Canada and is the root cause of many of the most damaging policies against Indigenous Peoples, including the Residential and Day School System. This is a vital read for anyone seeking to understand this complex piece of legislation.



A MIND SPREAD OUT ON THE GROUND

Alicia Elliott

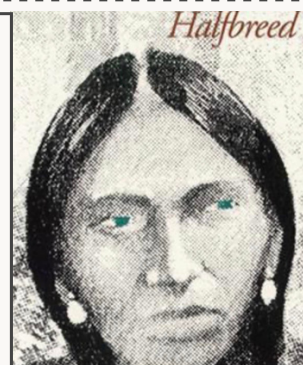
A Mind Spread Out on the Ground is a memoir-style collection of essays that looks at many different aspects of Indigenous life and experiences, and the ways that intergenerational trauma and colonialism live on today. Tuscarora author Alicia Elliott uses her own experiences throughout to illustrate the long lasting and ongoing impacts of trauma, racism, and oppression.



HALFBREED

Maria Campbell

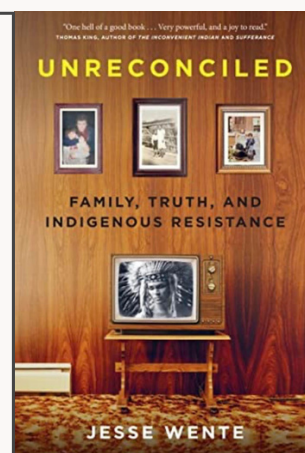
Halfbreed by Métis author, playwright, and activist Maria Campbell is a seminal work in Indigenous literature. Campbell details her early life as a Métis woman, facing poverty, addiction, and discrimination, while searching for her own identity. *Halfbreed* is required reading for anyone seeking to learn more about being Indigenous in Canada.



UNRECONCILED: FAMILY, TRUTH, AND INDIGENOUS RESISTANCE

Jesse Wenté

In this meditation that is part memoir and part history, Ojibwe writer and producer Jesse Wenté explores Reconciliation as a flawed concept, when it is not preceded by the truth. Using media portrayals and Indigenous storytelling, *Unreconciled* looks at the way old stereotypes continue to produce harm against Indigenous Peoples and contributes to the false founding mythology of Canada.



MY CONVERSATIONS WITH CANADIANS

Lee Maracle

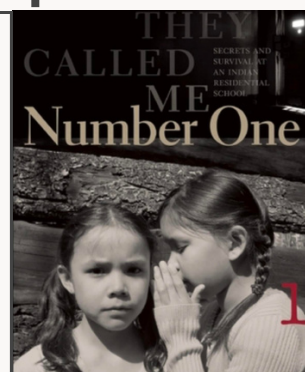
My Conversations with Canadians by renowned Stó:lō author Lee Maracle explores, but doesn't necessarily answer the many questions Canadians have about law, racism, Reconciliation, and more. Lee Maracle as one of the first Indigenous people to be published shares her experiences as an Indigenous woman, mother, and leader.



THEY CALLED ME NUMBER ONE

Bev Sellars

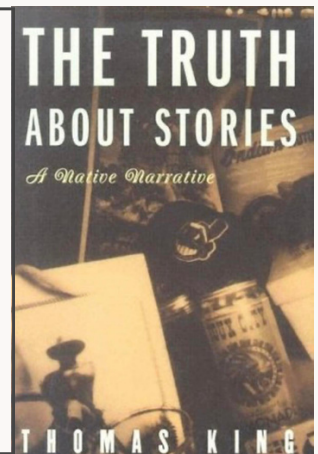
Xat'sull Chief Bev Sellars details her family's experiences of life in Residential Schools and Indian Hospitals, the trauma of attending and the intergenerational trauma. This autobiography shares memories of the infamous St. Joseph's Mission in Williams Lake, BC and the truth about the Residential School System in Canada.



THE TRUTH ABOUT STORIES: A NATIVE NARRATIVE

Thomas King

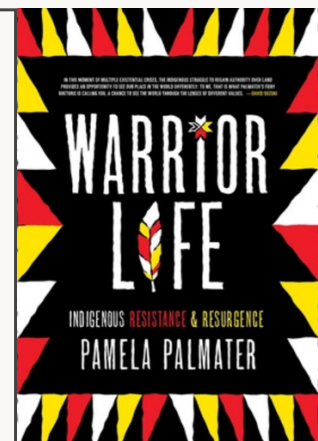
This narrative, a published version of the 2003 CBC Massey Lectures by renowned Cherokee author Thomas King, explores Indigenous identity and realities in Canada through stories. Beginning each chapter in the style of Indigenous oral traditions, *The Truth About Stories* sets the story straight on perceptions of Indigenous Peoples in North America.



WARRIOR LIFE: INDIGENOUS RESISTANCE & RESURGENCE

Pamela Palmater

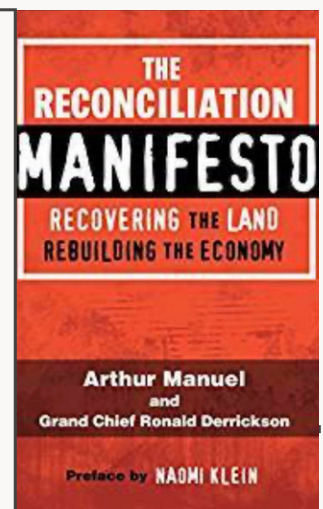
Warrior Life by Mi'kmaq lawyer and activist Pamela Palmater is a collection of her writings addressing a range of issues impacting Indigenous communities in Canada, from politics to systemic racism to Reconciliation. Every section gives bite-sized insight into being Indigenous in Canada and is the perfect starter for those looking to learn more about the different facets of anti-Indigenous systemic racism.



THE RECONCILIATION MANIFESTO: RECOVERING THE LAND, REBUILDING THE ECONOMY

Arthur Manuel and Grand Chief Ronald Derrickson

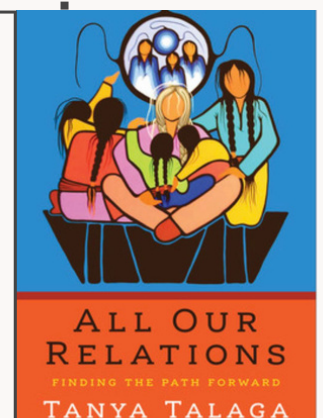
Arthur Manuel, prominent Secwepemc leader, wrote *The Reconciliation Manifesto* in what would end up being his last published work, sharing the reality of Reconciliation in Canada. Manuel discusses the realities of land claims, racism, Government, and UNDRIP to name a few, showing Canadians that they do not have the positive relationship with Indigenous Peoples that they think. This book is an important read for anyone seeking to learn more about the true path to Reconciliation.



ALL OUR RELATIONS: FINDING THE PATH FORWARD

Tanya Talaga

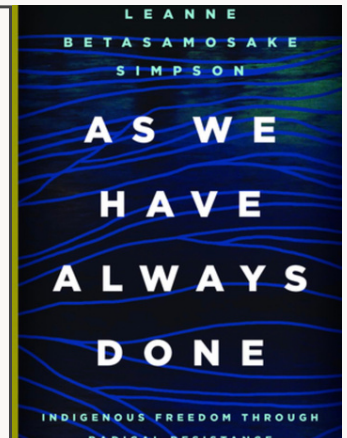
Award winning Anishnaabe author Tanya Talaga explores the disproportionately high rates of youth suicide in Indigenous communities, not only in Canada but internationally. *All Our Relations* reminds readers that although individual Indigenous nations are different and have experienced different struggles, the consequences of colonialism are often the same.



AS WE HAVE ALWAYS DONE: INDIGENOUS FREEDOM THROUGH RADICAL RESISTANCE

Leanne Betasamosake Simpson

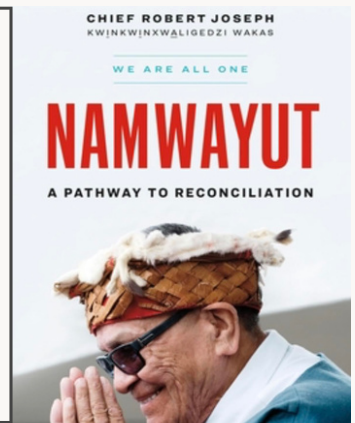
In *As We Have Always Done*, Mississauga Nishnaabeg writer and activist Leanne Betasamosake Simpson shares Indigenous philosophy and ways of being to discuss acts of resistance since First Contact. Simpson calls for a rejection of ongoing colonialism not through acceptance into the 'Canadian multicultural mosaic' but rather through rooting resistance in fights for the land.



NAMWAYUT – WE ARE ALL ONE: A PATHWAY TO RECONCILIATION

Chief Robert Joseph

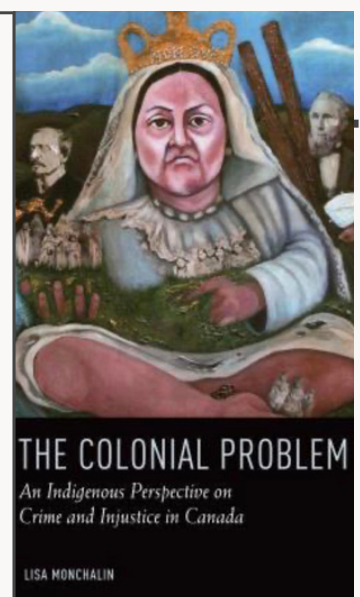
This book by Gwawaenuk Hereditary Chief Robert Joseph is part autobiography and part meditation on Reconciliation in Canada. Chief Joseph shares his experiences in the Residential School System, as well as the pathway forward for Reconciliation, including truth sharing and relationship building.



THE COLONIAL PROBLEM: AN INDIGENOUS PERSPECTIVE ON CRIME AND INJUSTICE IN CANADA

Lisa Monchalin

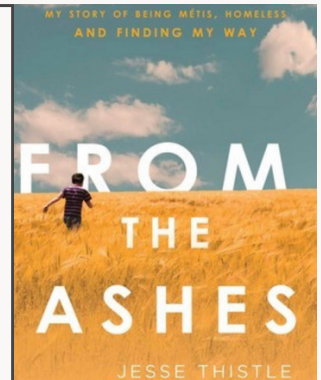
The Colonial Problem by mixed Algonquin, Métis, Huron, and Scottish author Lisa Monchalin can be read as a non-fiction book or as a textbook to learn more about Indigenous and Canadian justice. Monchalin covers a wide array of topics from an introduction to Indigenous Peoples, governance, and justice, to causes of Indigenous crime and crimes impacting Indigenous Peoples, to broken treaties. This book is an excellent introduction into understanding the various ways that justice has never included Indigenous Peoples in Canada.



FROM THE ASHES: MY STORY OF BEING MÉTIS, HOMELESS, AND FINDING MY WAY

Jesse Thistle

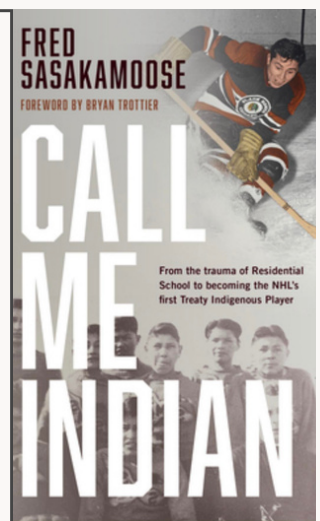
From the Ashes presents Jesse Thistle's memoir of growing up Métis, experiencing houselessness and addiction, and his journey back. Thistle describes his experiences with systemic and individual racism, as well as the impact on his life of community and love to support his healing journey.



CALL ME INDIAN: FROM THE TRAUMA OF RESIDENTIAL SCHOOL TO BECOMING THE NHL'S FIRST TREATY INDIGENOUS PLAYER

Fred Sasakamoose

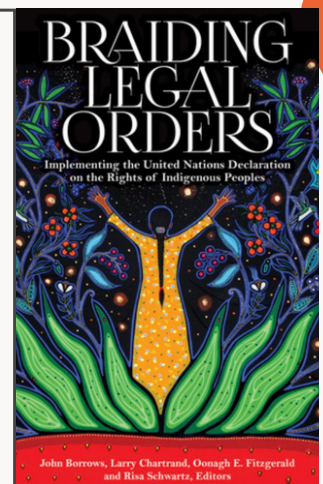
This autobiography by Fred Sasakamoose, the first Indigenous player with Treaty Status in the NHL, shares his story. After being taken from his home and spending 10 years in a Residential School, Fred Sasakamoose broke barriers when he played 12 games in the NHL before moving back to his community. Perhaps more importantly, *Call Me Indian* shares Sasakamoose's story after leaving the NHL and the important work he's done since.



BRAIDING LEGAL ORDERS: IMPLEMENTING THE UNITED NATIONS DECLARATION ON THE RIGHTS OF INDIGENOUS PEOPLES

John Borrows, Larry Chartrand, Oonagh E. Fitzgerald and Risa Schwartz (Editors)

This collection explores the different elements involved in implementing the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP) into Canadian domestic law. *Braiding Legal Orders* includes perspectives of Indigenous legal scholars to examine the intricacies and importance of UNDRIP for Indigenous rights in Canada.



LHF RESOURCE LIST:

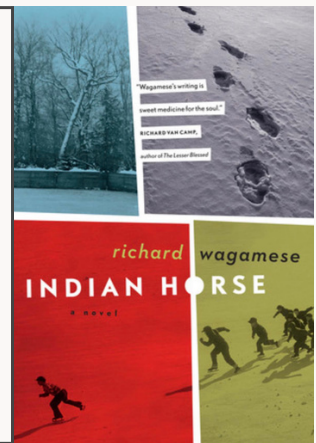
BOOKS

FICTION

INDIAN HORSE

Richard Wagamese

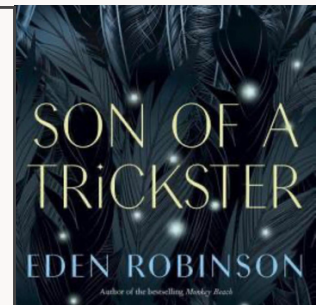
Indian Horse by Ojibwe author Richard Wagamese follows the protagonist Saul Indian Horse as he is taken into a Residential School and learns hockey as a way out, eventually making his way to the minor leagues. *Indian Horse* also follows his life of disconnection and struggles with alcohol after hockey. This book describes the trauma faced by many Indigenous Survivors of both the Residential School System and the racism faced in daily life.



SON OF A TRICKSTER

Eden Robinson

This novel by Haisla and Heiltsuk author Eden Robinson combines Indigenous beliefs with complicated family relationships and magic. In this coming of age fiction, the first in a trilogy, Robinson shares an entertaining novel with Indigenous mythology.



FIVE LITTLE INDIANS

Michelle Good

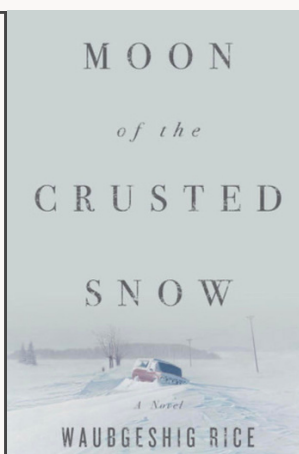
Five Little Indians by Cree author Michelle Good is a fiction novel, although the experiences detailed are reflective of many Residential School Survivors' stories. *Five Little Indians* follows the lives of five children who attend Residential School together and their intersecting lives after, as they are released with no support, family, or skills and must make their way in Vancouver's Downtown Eastside.



MOON OF THE CRUSTED SNOW

Waubgeshig Rice

Moon of the Crusted Snow by Anishinaabe journalist and author Waubgeshig Rice presents a post-apocalyptic thriller set in a remote Anishinaabe community. When the northern reserve becomes cut off from the rest of the world and visitors from the south start arriving to escape their own crumbling society, Rice draws stark parallels to the colonization of Indigenous Peoples in North America, showing how Indigenous communities have been living in a post-apocalyptic world since 1492.



BLACK SUN

Rebecca Roanhorse

In this first book in this fantasy trilogy, Afro-Indigenous author Rebecca Roanhorse shares a story with political intrigue, prophecies, and magic inspired by pre-contact civilizations in the Americas. This award-winning epic fantasy series has also been praised for its inclusivity and discusses how the criminalization of queerness is a product of colonialism.



CHILDREN'S BOOKS

WE ARE WATER PROTECTORS

Written by Carole Lindstrom, Illustrated by Michaela Goade

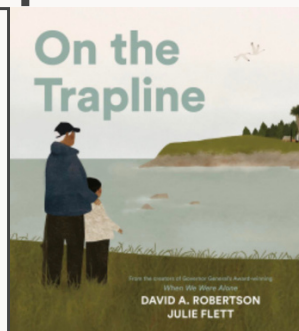
This picture book tells the story of an Ojibwe girl, fighting to protect the water supply to her community from an oil pipeline. This book teaches children about the importance of water and land defenders, as a response to the Dakota Access Pipeline protests.



ON THE TRAPLINE

Written by David A. Robertson, Illustrated by Julie Flett

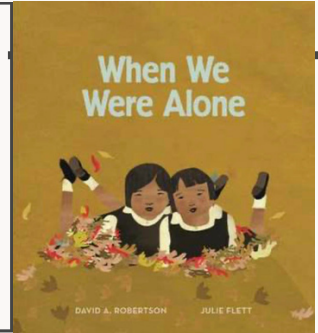
This beautifully illustrated book tells the story of a little Cree boy as he travels with his grandfather back to their family's trapline. A winner of the Governor General's Literary Award, *On the Trapline* celebrates culture and tradition, while also teaching words in the Cree language.



WHEN WE WERE ALONE

Written by David A. Robertson, Illustrated by Julie Flett

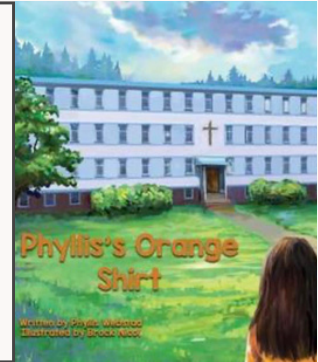
This picture book shares the story of a little girl and her grandmother, who shares some of her experiences about living in a Residential School and how she heals now. This book acts as a gentle introduction to teach kids about Residential Schools.



PHYLLIS'S ORANGE SHIRT

Written by Phyllis Webstad, Illustrated by Brock Nicol

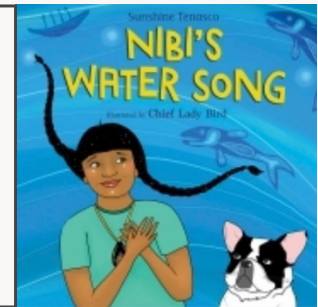
Phyllis's Orange Shirt tells Phyllis Webstad's story. When Phyllis was a kid, she was forced to attend a Residential School, where her favourite orange shirt was taken away and she and other kids were made to feel that they didn't matter. Phyllis later created Orange Shirt Day to commemorate Survivors and remind us that every child matters.



NIBI'S WATER SONG

Written by Sunshine Tenasco, Illustrated by Chief Lady Bird

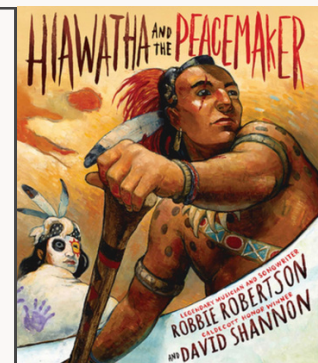
Nibi's Water Song, written by Sunshine Tenasco and illustrated by Chief Lady Bird, is an allegorical story that teaches children about the importance of water and the fight for clean water access in Indigenous communities.



HIAWATHA AND THE PEACEMAKER

Written by Robbie Robertson, Illustrated by David Shannon

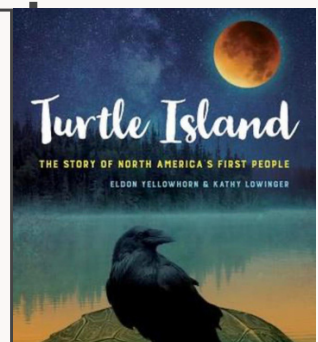
This illustrated story, written by famed musician Robbie Robertson with some editions including an original song, tells the pre-contact history of how the Haudenosaunee (or Iroquois) Confederacy was formed. Hiawatha and his spiritual guide known only as the Peacemaker join the five warring nations together under the Great Law.



TURTLE ISLAND: THE STORY OF NORTH AMERICA'S FIRST PEOPLE

Written by Eldon Yellowhorn and Kathy Lowinger

This book teaches youth about the history of North America, before it was North America. Including legends and stories from different nations, *Turtle Island* shares the history of Indigenous nations, emphasizing life before first contact.



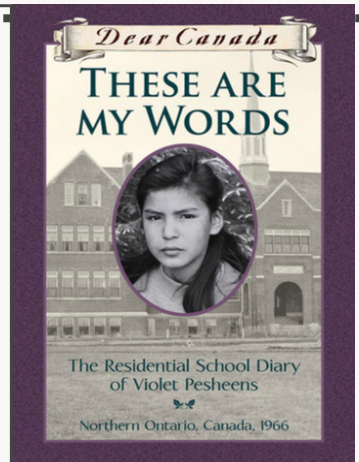
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DEAR CANADA: THESE ARE MY WORDS – THE RESIDENTIAL SCHOOL DIARY OF VIOLET PESHEENS

Written by Ruby Slipperjack

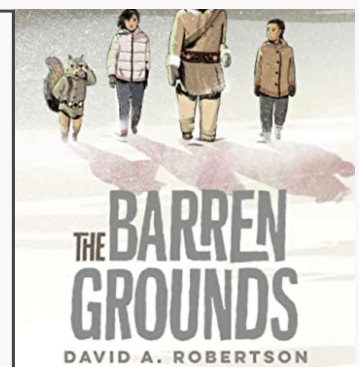
This installation in the *Dear Canada* series delivers the fictional diary of a twelve year old girl's experience in a Residential School in the 1960s. This narrative, appropriate for pre-teens and older, allows kids to understand what Residential Schools were and the individual impacts they had on kids like them.



THE BARREN GROUNDS: BOOK ONE OF THE MISEWA SAGA

Written by David A. Robertson

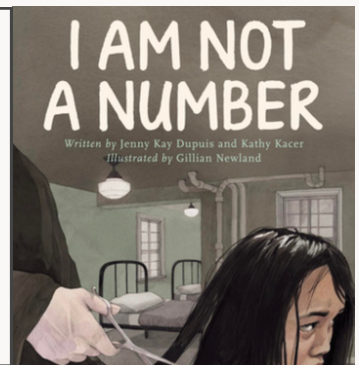
This middle-grade series combines Indigenous folklore and mythology with Narnia-esque magic. When two Indigenous foster children find a portal into another reality in an attic, they learn more about traditional Indigenous cultures and ways of life.



I AM NOT A NUMBER

Written by Jenny Kay Dupuis and Kathy Kacer. Illustrated by Gillian Newland

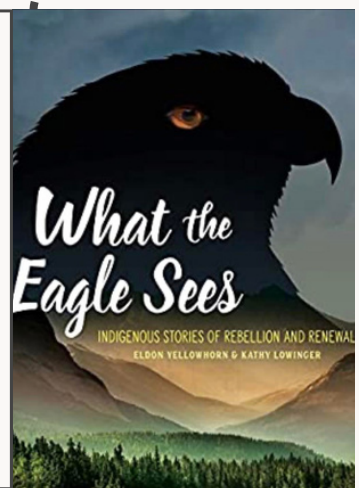
Based on the life of the author's grandmother, *I Am Not a Number* tells the story of a little girl taken into a Residential School. This important book teaches kids about the horrible history of Residential Schools in ways they will understand and learn from.



WHAT THE EAGLE SEES: INDIGENOUS STORIES REBELLION AND RENEWAL

Written by Eldon Yellowhorn and Kathy Lowinger

In a follow-up to *Turtle Island: The Story of North America*, *What the Eagle Sees* shares the history of Indigenous nations in North America before and after First Contact. Instead of only discussing the terrible tragedies that Indigenous Peoples have experienced, this book shares the resistance Indigenous nations have always shown to colonization and how they defied oppression through survival.

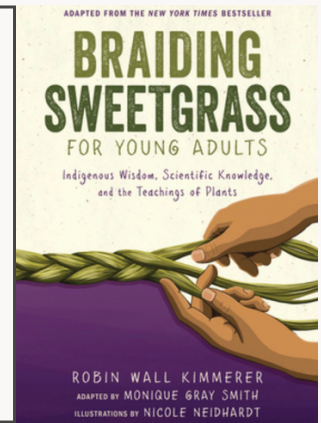


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BRAIDING SWEETGRASS FOR YOUNG ADULTS: INDIGENOUS WISDOM, SCIENTIFIC KNOWLEDGE, AND THE TEACHINGS OF PLANTS

Written by Robin Wall Kimmerer, Adapted by Monique Gray Smith, Illustrated by Nicole Neidhardt

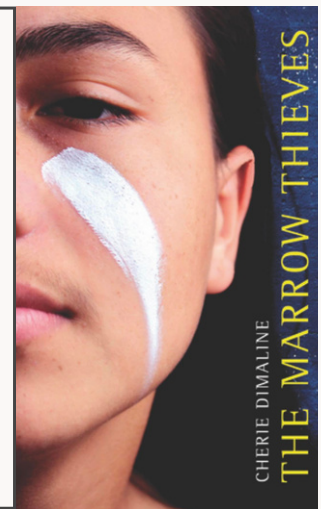
This book is a guide and version of Kimmerer's full length, adult version of *Braiding Sweetgrass*. This guide teaches teens about Indigenous sciences and knowledges, and the lessons we can learn from the natural world.



THE MARROW THIEVES

Written by Cherie Dimaline

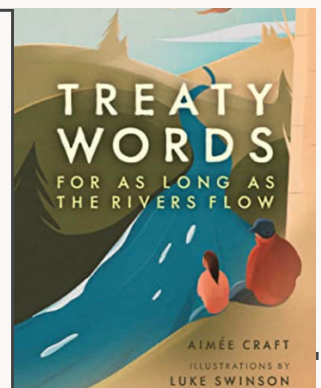
Set in a post-apocalyptic world, Métis author Cherie Dimaline shares an award-winning story where Indigenous Peoples are the only ones left with the ability to dream and are hunted for it. *The Marrow Thieves* replicates the Residential and Day School System in a dystopian setting, where Indigenous Peoples have something vital stolen from them and the way to healing is community and culture. The book follows a multi-generational group trying to survive in a world where they are hunted and is appropriate for early teens and adults alike.



TREATY WORDS: FOR AS LONG AS THE RIVERS FLOW

Written by Aimée Craft. Illustrated by Luke Swinson

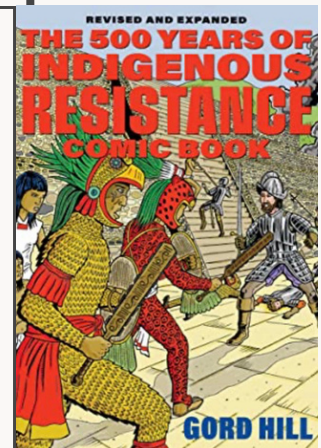
This beautifully illustrated book is appropriate for preteens and adults alike, and explores treaties. *Treaty Words* teaches us in a flowing narrative what treaties are, why they were made, and who they apply to. *Treaty Words* reminds us that we are all treaty people.



THE 500 YEARS OF INDIGENOUS RESISTANCE COMIC BOOK: REVISED AND EXPANDED EDITION

Written by Gord Hill, Foreword by Pamela Palmater

First published in 2010, this new edition expands on the illustrated history of Indigenous resistance, survival, and activism in North America, from First Contact to present day. *The 500 Years of Indigenous Resistance* shares a wide-ranging history in an easy to understand format for all ages.



LHF RESOURCE LIST:

DOCUMENTARIES

WE CAN'T MAKE THE SAME MISTAKE TWICE

Directed by Alanis Obomsawin

This documentary by renowned Abenaki filmmaker Alanis Obomsawin follows the 2007 court case and human rights complaint filed by the Assembly of First Nations and the Caring Society against the Government of Canada. The complaint to the Canadian Human Rights Tribunal argued that First Nations children living on reserves and in the Yukon were being discriminated against by the Federal Government due to underfunding in the child welfare system.



TRICK OR TREATY?

Directed by Alanis Obomsawin

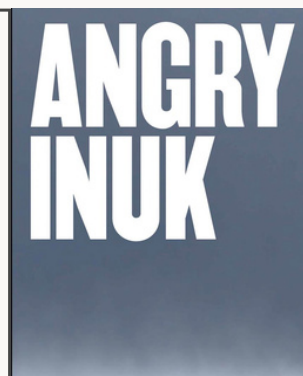
This documentary teaches about the treaties between First Nations and the Government of Canada. *Trick or Treaty* looks at how these treaties were truly created, the rights and responsibilities that were included, and how Canada has failed to honour the content and spirit of the treaties, forcing Indigenous Peoples to fight for their treaty rights.



ANGRY INUK

Directed by Althea Arnaquq-Baril

Angry Inuk looks at the criminalization and hatred towards seal hunters, exposing anti-seal hunting movements as anti-Indigenous and anti-Inuit, and dispelling myths surrounding this cultural practice. *Angry Inuk* also includes important background information about the history of colonialism that has deeply impacted the north and the Inuit.



JORDAN RIVER ANDERSON, THE MESSENGER

Directed by Alanis Obomsawin

This documentary follows the too short life of Jordan River Anderson and the creation of Jordan's Principle. Beyond these specific cases, this documentary discusses the lack of support Indigenous children receive in the health care system, simply because they live on reserve or because of their Status.



NĪPAWISTAMĀSOWIN: WE WILL STAND UP

Directed by Tasha Hubbard

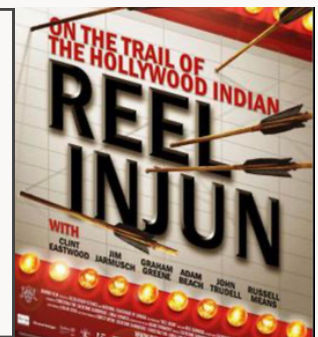
Nipawistamāsowin, written and directed by Tasha Hubbard, follows the trial of Gerald Stanley, a Saskatchewan farmer charged and subsequently acquitted of the murder of Colton Boushie. The documentary follows Colton's family as they fight for justice for him and other Indigenous Peoples discriminated against in the Canadian legal system.



REEL INJUN

Directed by Jeremiah Hayes

This documentary traces the history of Indigenous Peoples, and anti-Indigenous stereotypes, throughout the history of film. Through clips of significant, if harmful, movies and discussions with prominent actors and directors, *Reel Injun* explores Indigenous Peoples both on and off the screen.



FOR LOVE

Directed by Matt Smiley

This documentary travels around Canada to explore the ways that the child welfare system has discriminated against and deeply impacted Indigenous children and families. *For Love* discusses how the child welfare system has hurt Indigenous communities, and how communities are reconnecting with culture to heal.



STORIES FROM THE LAND

Directed by Ryan McMahon

Stories From the Land is a 4 part documentary series by journalist Ryan McMahon, based on his podcast of the same name. The series travels to different Indigenous communities and talks to different Knowledge Keepers about Indigenous cultures and histories.



HONOUR TO SENATOR MURRAY SINCLAIR

Directed by Alanis Obomsawin

This short documentary honours the work and legacy of Senator Murray Sinclair and his work as the Chair of the Truth and Reconciliation Commission. By honouring Murray Sinclair, the documentary honours the Survivors of the Residential and Day School System.



KANEHSATAKE: 270 YEARS OF RESISTANCE

Directed by Alanis Obomsawin

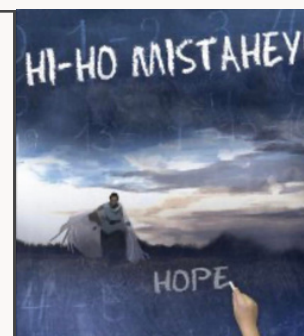
This documentary takes an in depth look into the events of the Kanehsatake Resistance, also known as the Oka Crisis. Beyond the events of the 78 day standoff between the Quebec Provincial Police and Canadian military, and the Mohawk community of Kanehsatake, the documentary also discusses the history of the land.



HI-HO MISTAHEY!

Directed by Alanis Obomsawin

Hi-Ho Mistahey delves into the wide education gaps between Indigenous and non-Indigenous kids. The documentary includes the fight for Shannen's Dream, a movement for equitable education funding for Indigenous children on reserves.





LHF RESOURCE LIST:

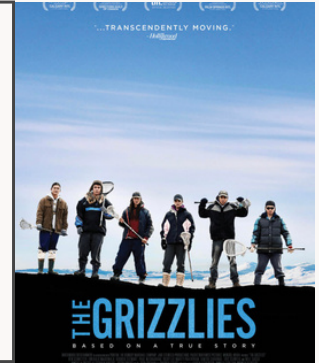
MOVIES AND TV

MOVIES:

THE GRIZZLIES

Directed by Miranda de Pencier

Based on a true story, *The Grizzlies* follows a youth lacrosse team in the remote Inuit community of Kugluktuk, Nunavut. When a young white teacher takes a job in the community to pay off his student loans, he learns about the struggles that every student faces, and organizes a lacrosse team to try to stem the flood of youth suicides.



INDIAN HORSE

Directed by Stephen S. Campanelli

Based on the book of the same name by Richard Wagamese, *Indian Horse* is the story of Saul Indian Horse and his life in and beyond the Residential School System. After being taken from his family and placed in a Residential School, Saul learns how to play hockey and eventually makes his way to a feeder team for the Toronto Maple Leafs.



BEANS

Directed by Tracey Deer

Beans follows the 1990 Kanehsatake Resistance, also known as the Oka Crisis, through the eyes of a young Mohawk girl as the 78 day standoff takes place. The film was inspired by the real life experiences of the director, Tracey Deer, who lived through the events as a child.



SMOKE SIGNALS

Directed by Chris Eyre

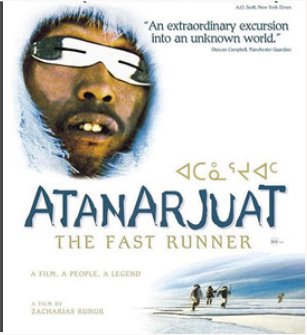
Smoke Signals is an award winning coming of age film that is part drama, part comedy. Two teens, Victor and Thomas who have grown up together with a close but uneasy friendship take a road trip off their reserve to collect the ashes of Victor's father as they explore their different relationships to the man.



ATANARJUAT: THE FAST RUNNER

Directed by Zacharias Kunuk

This epic set in the past tells the story of an Inuit legend, the story of Atanarjuat who is forced to flee after tensions with the son of the band leader escalate. This is the first film to ever be written, directed, and acted entirely in Inuktitut, an Inuit language.



TV SHOWS:

RUTHERFORD FALLS

Created by Ed Helms, Michael Schur, and Sierra Teller Ornelas

Rutherford Falls is a sitcom that follows two friends in the fictional town, as their friendship is tested. When a statue of Nathan's ancestor, the founder of Rutherford Falls, is moved, Nathan fights to keep the statue where it is and Reagan tries to open a cultural centre to highlight her Nation's history, which includes the harmful actions of Nathan's ancestor.



RESERVATION DOGS

Created by Sterlin Harjos and Taika Waititi

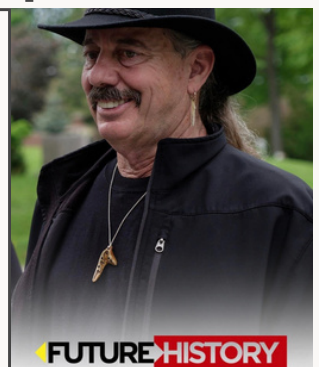
This award winning comedy follows four Indigenous friends as they grow up in an Oklahoma reservation. This series is the first to have all Indigenous writers and directors, with an almost all Indigenous cast and production team as well.



FUTURE HISTORY

Created by APTN, Hosted by Kris Nahrgang and Sarain Fox

This series from APTN explores Indigenous cultures, practices, and languages. *Future History* teaches about and celebrates the revitalization, reclamation, and diversity of Indigenous knowledges, cultures, and languages, and is a great series for gaining an appreciation of what Indigenous worldviews represent.



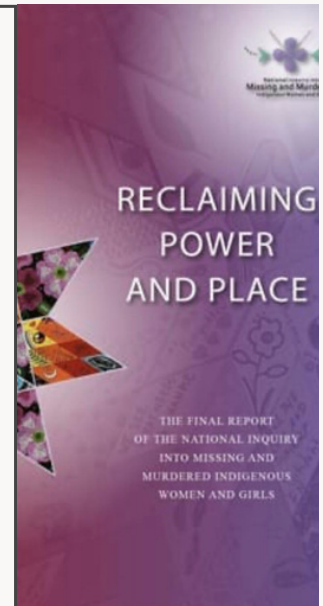


LHF RESOURCE LIST:

REPORTS

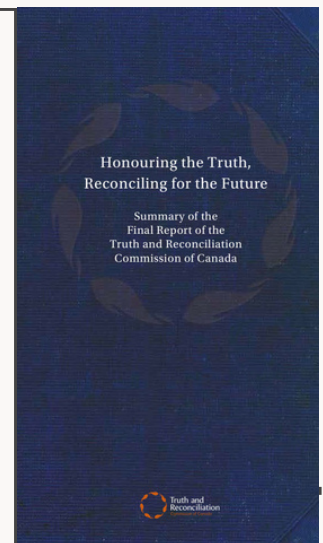
RECLAIMING POWER AND PLACE: THE FINAL REPORT OF THE NATIONAL INQUIRY INTO MISSING AND MURDERED INDIGENOUS WOMEN AND GIRLS

Reclaiming Power and Place is the final report of the National Inquiry into Missing and Murdered Indigenous Women, Girls and 2SLGBTQIA+ people. The Executive Summary emphasizes the importance of relationships and accountability in combatting violence, the gendered aspects of colonialism and genocide, and healing in communities. The 2019 Report ends with an extensive list of distinction-based Calls to Justice, that address health, justice, and more for Inuit, Métis, First Nations women, and 2SLGBTQIA+ people.



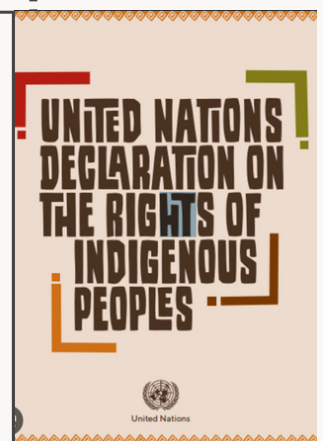
HONOURING THE TRUTH, RECONCILING FOR THE FUTURE: SUMMARY OF THE FINAL REPORT OF THE TRUTH AND RECONCILIATION COMMISSION OF CANADA

The Truth and Reconciliation Commission has often been referenced as a key touchstone upon which to base Reconciliation efforts. The *Final Report*, published in 2015, includes testimony and extensive archival information about the Residential School System and the impacts on Survivors and their families. The Report also includes the 94 Calls to Action, directed towards Governments, corporations, and civil society.



UNITED NATIONS DECLARATION ON THE RIGHTS OF INDIGENOUS PEOPLES

The *United Nations Declaration on the Rights of Indigenous Peoples* (UNDRIP) is an international non-binding declaration outlining and enshrining the collective and individual rights of Indigenous Peoples and the attached obligations of states parties to the declaration. Although initially opposed by Canada, it has since been adopted into Canadian law, although full implementation has been limited.



REPORT OF THE ROYAL COMMISSION ON ABORIGINAL PEOPLES

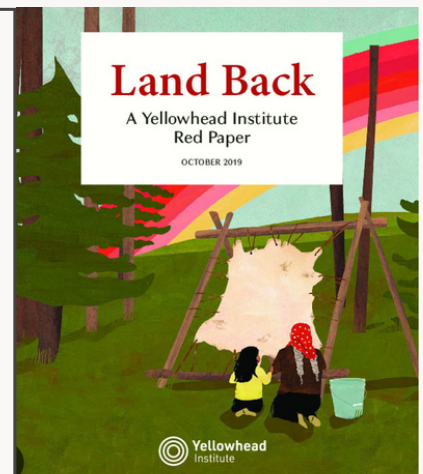
Before the Truth and Reconciliation Commission was formed, the Royal Commission on Aboriginal Peoples (RCAP) was established to investigate and propose solutions to the “challenges” impacting the relationship between the Canadian state and Indigenous Peoples. After the high tension between Canada and Indigenous Peoples during and following the Kanesatake Resistance (or Oka Crisis), RCAP was formed to propose solutions to this deteriorating relationship. The report, released in 1996, was extremely extensive and reflected the comprehensive consultation held with Indigenous communities, and concludes with recommendations that Indigenous communities have long been advocating for, before and since.

Rapport de la Commission royale
sur les Peuples autochtones

Report of the Royal Commission
On Aboriginal Peoples

LAND BACK AND CASH BACK: THE YELLOWHEAD INSTITUTE RED PAPERS

These special reports by the Yellowhead Institute, an Indigenous-led research centre based out of the Toronto Metropolitan University, take a detailed look at the origins of Canada and how it is intricately tied to the theft and exploitation of land and resources for profit, and how this remains the case to the disadvantage of Indigenous nations. The Yellowhead Institute further answers the question of what to do next, Land Back (pictured here) and Cash Back.



INDIGENOUS ALLY TOOLKIT

Montreal Urban Aboriginal Community Strategy Network

This brief pamphlet, put together by the Montreal Urban Aboriginal Community Strategy Network, provides insight into what it means and how to be an ally to Indigenous Peoples as a non-Indigenous person. This toolkit provides the basic dos and don'ts on beginning your journey as an ally.

INDIGENOUS
ALLY
TOOLKIT

ABORIGINAL LITERATURES IN CANADA: A TEACHER'S RESOURCE GUIDE

Renate Eigenbrod, Georgina Kakegamic, and Josias Fiddler

This guide is an excellent resource for teachers seeking to introduce Indigenous literatures into their classrooms. The guide takes a look at several different oral and storytelling traditions, and provides further resources and suggestions for those who want to learn more.

Aboriginal Literatures in
Canada

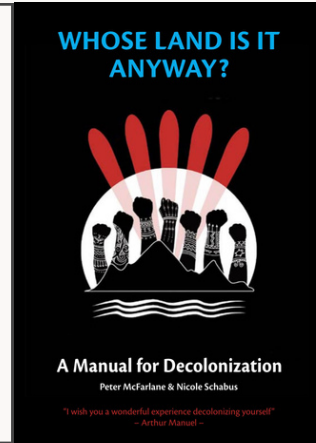
A Teacher's Resource Guide



WHOSE LAND IS IT ANYWAY? A MANUAL FOR DECOLONIZATION

Peter McFarlane and Nicole Schabus

This collection of essays by prominent Indigenous activists and educators discusses all aspects of colonialism and decolonization, centered on the main issue of land. This manual discusses why colonialism needs land, the resurgence of grassroots activism, and the contributions of decolonization to Reconciliation.





LHF RESOURCE LIST:

ACADEMIA

WHITE PRIVILEGE: UNPACKING THE INVISIBLE KNAPSACK

Peggy McIntosh

This short article unpacks the concept of white privilege to allow readers to understand what it really means and how it impacts white people positively and people of colour negatively in many ways that are often taken for granted. This article is the perfect introduction for anyone seeking to unpack their own biases and learn more about systemic racism.



DECOLONIZATION IS NOT A METAPHOR

Eve Tuck and K. Wayne Yang

This journal article reminds readers of the importance of being uncomfortable and literal when it comes to the process of unlearning and decolonization. The authors discuss recent trends in 'Reconciliation' where actors give platitudes and make minimal commitments to learning and doing better, but ultimately use decolonization as a metaphor and a buzzword, rather than as a meaningful endeavour. This is a must read article for anyone seeking to avoid performative allyship.



SETTLER COLONIALISM AND THE ELIMINATION OF THE NATIVE

Patrick Wolfe

Patrick Wolfe explores the inherent relationship and connections between genocide and settler colonialism. Wolfe details the different kinds of settler colonialism as well as the key logics and ideologies behind settler colonialism, the main goal being elimination. This journal is absolutely required reading to learn more about the operation of colonialism.



SUBJECTS OF EMPIRE: INDIGENOUS PEOPLES AND THE 'POLITICS OF RECOGNITION' IN CANADA

Glen S. Coulthard

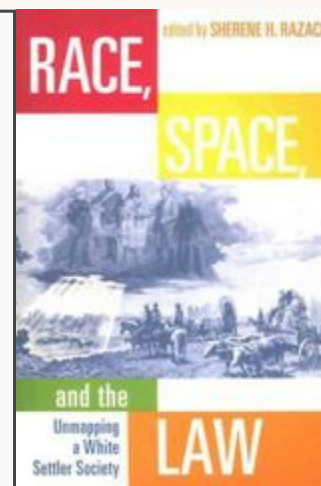
This article by Glen Coulthard presents a truncated version of the thesis of his book, *Red Skin, White Masks*. Coulthard highlights how Indigenous-state relationships have been limited by a 'politics of recognition' where Indigenous rights only exist once they have been recognized by the Canadian Government, forcing Indigenous nations to fight for recognition instead of true Reconciliation and liberation. This article is important for understanding how systemic racism dictates the 'acceptable' forms of protest and recourse for Indigenous Peoples.



REWRITING HISTORIES OF THE LAND: COLONIZATION AND INDIGENOUS RESISTANCE IN EASTERN CANADA

Bonita Lawrence

This chapter by Bonita Lawrence, included in Sherene Razack's book exploring the intersections between race, geography, and law, displaces the Canadian mythology surrounding the creation of Canada to tell the truth about the founding of the colonial state. Lawrence challenges the Canadian national image and shares the history of resistance to colonialism of many Indigenous nations.



GENDER, RACE, AND THE REGULATION OF NATIVE IDENTITY IN CANADA AND THE UNITED STATES: AN OVERVIEW

Bonita Lawrence

This article by Bonita Lawrence breaks down the ways that colonial Governments in Canada and the United States have regulated Indigenous identity as a method of control over Indigenous Peoples, lands, and resources. Lawrence explains how control over Indigenous identity has been critical to the colonial project and how Indigenous women in particular have suffered from the effects of this control.



THE CONTEMPORARY REALITY OF CANADIAN IMPERIALISM: SETTLER COLONIALISM AND THE HYBRID COLONIAL STATE

Adam J. Barker

In this academic article, Barker discusses the maintenance and continuation of settler colonialism, rather than its origins. Barker not only discusses ongoing colonialism against Indigenous Peoples to maintain the power of the Canadian state, but also the role of settler society in upholding colonialism and the national image.



UNSETTLING EXPECTATIONS: (UN)CERTAINTY, SETTLER STATES OF FEELING, LAW, AND DECOLONIZATION

Eva Mackey

In this article, settler scholar Eva Mackey explores the concept of settler certainty, both as a goal of the Government to distinguish Indigenous land rights and as a feeling of settler society in their power and privilege. Mackey argues that in order to decolonize, both Canada and Canadians have to be more comfortable with uncertainty.





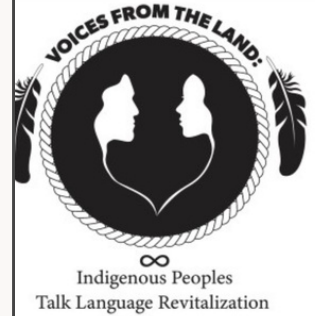
LHF RESOURCE LIST:

PODCASTS

VOICES FROM THE LAND

Legacy of Hope Foundation

Voices from the Land is a podcast created and produced by the Legacy of Hope Foundation, discussing Indigenous language revitalization. This podcast explores with guests the importance and challenges of relearning and safeguarding Indigenous languages and cultures.



INDIGENOUS ROOTS AND HOOTS

Legacy of Hope Foundation

Indigenous Roots and Hoots is a podcast created and produced by the Legacy of Hope Foundation and explores both the highs and lows of being Indigenous in Canada, the amazing stories and cultures of Indigenous nations, the discrimination they face, and the advocacy required to educate and encourage the Government and Canadians to do better.



MEDIA INDIGENA

Rick Harp

Media Indigena originally began as a written Indigenous news source before establishing this podcast, which now discusses current events, Indigenous news, and creative entertainment. The wide range of contributors discuss a wide range of experiences, including journalism, public policy, academia, and art.



A TRIBE CALLED GEEK

Johnnie Jae

A Tribe Called Geek describes itself as a nerd-culture podcast, and prides itself on its "Indigenerdity." Covering everything from STEM to comics to art and entertainment, A Tribe Called Geek discusses the intersections of Indigeneity and geek culture.



NATIVE CURRENTS

Steven Vanloffeld and Glenn Wheeler

Native Currents is a podcast by Anishinaabe academic Steven Vanloffeld and Mi'kmaq lawyer Glenn Wheeler. This podcast discusses and critiques current events, colonialism, and issues particularly impacting Indigenous Peoples.



Native Currents
A critical look at what's happening in Indian Country



LHF RESOURCE LIST:

OTHER MEDIA

TRUTH AND RECONCILIATION [VIDEO]

Kevin Lamoureux

Kevin Lamoureux, the Vice-President of Indigenous Affairs at the University of Winnipeg, shares with the audience and with viewers at home that the journey towards Reconciliation is for everyone. Lamoureux explains the basics of truth and Reconciliation and how we can all do better to contribute to this vision.



THE LAND BACK ISSUE [MAGAZINE]

Briarpatch

This issue of the Briarpatch magazine, available on their website, answers the question “what is land back?” Including articles about Indigenous relationships to land, the colonialism of land, and the history of Indigenous activism to reclaim their own land, this issue answers the questions about what the Land Back movement is, what it looks like in practice, and why it has emerged as an important facet of Reconciliation.



23 TIPS ON WHAT NOT TO SAY OR DO WHEN WORKING EFFECTIVELY WITH INDIGENOUS PEOPLES [EBOOK]

Indigenous Corporate Training Inc.

This short ebook acts as a brief guide into the dos and don'ts of working with Indigenous Peoples and developing relationships, especially in professional capacities. This is a quick and easy read to understand the basics of relationship building.



NIMAMA, ARE THEY GOING TO TAKE ME AWAY TOO? [BLOG POST]

Chelsea Vowel

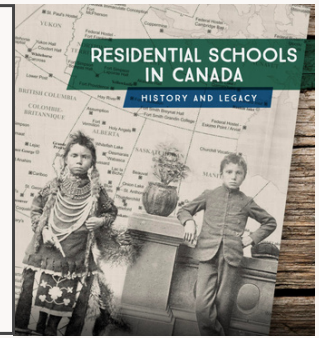
This blog post discusses the Sixties Scoop and how to discuss these events with others, including children. Chelsea Vowel shares her thoughts on explaining such an important yet dark topic with kids, including some helpful additional resources for these conversations.



RESIDENTIAL SCHOOLS IN CANADA: HISTORY AND LEGACY [BOOKLET]

Historica Canada

This brief introduction to the Residential School System is a great introduction for anyone looking to understand the basics of this system. The pamphlet includes a timeline and additional notes for teachers.



CLEARING THE LANDS HAS ALWAYS BEEN AT THE HEART OF CANADA'S INDIAN POLICY [OP-ED]

Pamela Palmater

In this Globe and Mail op-ed, Pamela Palmater discusses the emerging Land Back movement, and how land has always been the central focus of colonialism in Canada. Palmater reminds us that since colonialism has always been about the land, Reconciliation and decolonization must be about the land as well.

OPINION

Clearing the lands has always been at the heart of Canada's Indian Policy

PAM PALMATER
The Globe and Mail
Published February 27, 2020
Updated February 28, 2020



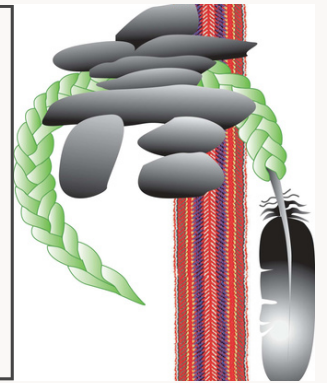


LHF RESOURCE LIST:

ORGANIZATIONS

LEGACY OF HOPE FOUNDATION

The Legacy of Hope Foundation is an Indigenous-led organization that seeks to create awareness and education about the Residential and Day School System, the Sixties Scoop, and other acts of colonialism and oppression against Indigenous Peoples in Canada. LHF creates educational resources, museum-style exhibitions, and workshops for anyone in Canada to learn more about these important issues. Please check out our website for more information!



NATIONAL CENTRE FOR TRUTH AND RECONCILIATION

The National Centre for Truth and Reconciliation was established after the Truth and Reconciliation Commission as a permanent site to collect and preserve testimony, archival evidence, and research about the Residential School System. The truth collected and archived by the Centre is foundational for ongoing learning.



KAIROS

KAIROS is a Christian-based organization of Indigenous people, settlers, and newcomers to Canada dedicated to advocating for social justice, emphasizing ecological, gender, Indigenous, and migrant rights and justice. KAIROS is well known for the blanket exercise and other resources created to educate all Canadians about the truth of Canada's founding.



YELLOWHEAD INSTITUTE

The Yellowhead Institute is an Indigenous-led research and education centre based out of the Toronto Metropolitan University that amplifies Indigenous perspectives on public policy. The Yellowhead Institute often publishes briefs and reports on policy issues impacting Indigenous communities.



NATIVE WOMEN'S ASSOCIATION OF CANADA

The Native Women's Association of Canada (NWAC) is a national organization representing and advocating for Indigenous women, girls, 2 Spirit, gender-diverse and LGBTQ+ people, including First Nations (on- and off-reserve, status and non-status), Métis, and Inuit.



ABORIGINAL PEOPLES TELEVISION NETWORK

The Aboriginal Peoples Television Network (APTN) is a news organization that focuses on sharing, celebrating, and promoting Indigenous stories and lives. APTN provides reporting in English, French, and a variety of Indigenous languages to share stories relevant to Indigenous communities.



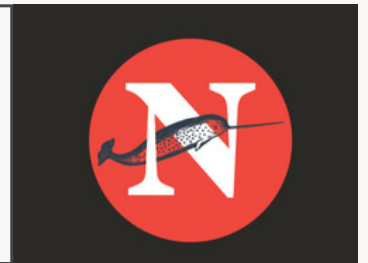
WINDSPEAKER

Windspeaker is an independent Indigenous news outlet, reporting and celebrating Indigenous stories. First published in 1983, Windspeaker provides coverage of news and entertainment that is dedicated to reflect Indigenous history, culture, and resilience.



THE NARWHAL

The Narwhal is a non-profit journalism organization, comprised of a small team of investigative journalists, that focuses on accurate and nuanced reporting on environmental issues and Indigenous rights.



ASSEMBLY OF 7 GENERATIONS

The Assembly of Seven Generations is an Indigenous youth-led grassroots non-profit organization that advocates for community support and opportunities for Indigenous youth. The Assembly of Seven Generations prioritizes learning and support opportunities for Indigenous youth to learn and practice Indigenous ways of being.



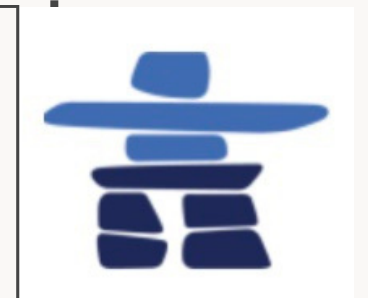
INDSPIRE

Indspire is a national Indigenous organization that supports the education outcomes of First Nations, Inuit, and Métis people. Indspire's mandate is to invest in Indigenous education to promote better outcomes and resources in Indigenous communities.



TRUE NORTH AID

True North Aid is an organization that seeks to support northern and remote Indigenous communities through practical humanitarian aid. Through partnerships with other charities and communities, True North Aid organizes fundraising initiatives to help Indigenous communities in need.



THANKS FOR
CHECKING OUT
THE LHF
OFFICIAL
RECOMMENDED
RESOURCE
GUIDE!

HAPPY LEARNING!

